

# HELP<sup>SM</sup>

Healthcare Ergonomic Lifting Program



Empowering Healthcare Facilities  
Through Customised, Facility-Owned  
Safe Patient Handling Programs



Providing the Knowledge and Tools for a Sustainable Program Without Costly Ongoing Fees

## Committed to Safe Patient Handling

Nursing personnel are among the highest at risk for muscular skeletal disorders, with the direct and indirect costs of patient handling injuries averaging \$4,275 per hospital bed per year.<sup>1</sup> These costs, in addition to the increase in regulatory activity, patient acuity and patient size, point to the fact that healthcare facilities need a Safe Patient Handling (SPH) program that provides a sustainable solution to ensure lasting results. That's why HoverTech is here to HELP.

The HELP<sup>SM</sup> Healthcare Ergonomic Lifting Program provides consultative services designed to assist healthcare facilities develop or improve a SPH program. With the HELP<sup>SM</sup> program, experienced HoverTech consultants will work with you to identify and reduce risk factors associated with patient handling tasks, thereby minimizing workplace injuries and lowering workers' compensation and associated costs.

1. Wilson, K. "Upgrading Your Safe Patient Handling Program to the Next Level" Illinois Hospital Association/Worker's Compensation Symposium, Bloomington, IL, May, 2012.

## Own Your Safe Patient Handling Program

The HoverTech HELP<sup>SM</sup> Healthcare Ergonomic Lifting Program offers a unique approach to your safe patient handling needs. Our systematic implementation process promotes hospital ownership and skill development within your facility. It is a process that is both flexible and scalable, so that we can meet your needs whether you are just getting started or are enhancing an existing program.

### Key Benefits of HELP<sup>SM</sup> Program:

- Customized, facility-owned program provides knowledge and tools for long-term success through hospital leadership
- Comprehensive approach of policy and procedure development and program integration ensures proper equipment inventory and selection
- Train-the-trainer approach and ongoing support facilitates a change in practice with greater staff compliance and monitoring

# Reduce Risk and Associated Costs

The HELP<sup>SM</sup> program is an effective way to reduce costs associated with:

- Medical claim expenses
- Staff lost work days or light duty
- Hiring or temporary agency staff
- Staff overtime pay

## Develop a Lasting Customised Program

If your hospital is ready to eliminate or dramatically reduce your patient handling injury claims while increasing employee and patient safety and satisfaction, the HoverTech HELP<sup>SM</sup> program offers proven results.

### Risk Assessment

The HELP<sup>SM</sup> risk analysis is more than a needs assessment. This comprehensive evaluation of equipment, environmental factors, and policies and procedures—the three components of a successful SPH program—helps to determine compliance, culture, and current practices in order to achieve the ultimate goal of a systems solution.

### Policy and Procedure Development

Conducted by a certified ergonomist, this workshop provides each facility with the tools necessary to develop a customised safe patient handling policy. The process will take into account the strengths, limitations, resources and equipment of each facility for a fully integrated policy that will help promote optimum operational performance, profitability, and consistent delivery of the finest service.

### Program Implementation and Training

HELP<sup>SM</sup> integration training goes beyond the traditional product in-service to emphasize the need for a change in practice. This training promotes assessing the patient's capabilities and applying the equipment with the appropriate algorithm from the facility's policy. Our train-the-trainer approach gives unit-based champions the tools they need to fulfill the role of in-house coaches, who take ownership and provide the ongoing monitoring of the program, eliminating ongoing consultation fees.

### Follow-up Consultations

The follow-up assessment benchmarks the program elements against practices within world class SPH programs to make sure the facility is on track to achieve their overall goals of reducing costs and caregiver injury.

## Solutions for Safe Patient Handling

HoverMatt® Air Transfer System:  
Air-assisted device for transfers and repositioning



HoverJack® Air Patient Lift:  
Air-assisted lift for patient falls



HT-Roller® Air-assisted device  
for positioning and turning



HoverSling® Device: Air-assisted  
transfer mattress and lift sling in one



HoverTech's HELP<sup>SM</sup> program reduces risk factors associated with patient handling tasks to minimise workplace injuries and associated costs through design, implementation and training for proven results.



## Choose the Leader in Patient Handling Technologies

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HoverTech is the world leader in air-assisted patient handling technologies. HoverTech is solely focused on the safety of the caregiver and patient through a complete line of quality patient transfer, repositioning and handling products, including the HoverMatt<sup>®</sup> air transfer system, which is the number one choice of hospitals for lateral patient transfers and repositioning.



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